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Hub Update

We bring you the May edition of our Newsletter with some more team changes. Angela Browne has joined us as a Clinical Studies Officer (Norfolk based). We extend her a warm Welcome. On the other hand, we bid a fond farewell to Helen Phillips, our Service User / Carer Co-ordinator who has come to the end of her contract (see p.2 for her [Parting Thoughts](#)) and we are also sorry to be losing Barbara Lee our Cambridge based Clinical Studies Officer who is off to pastures new at the end of May.

As usual we also bring you news of our Hub Hosted studies, ongoing consultations, forthcoming events, as well as other updates.

Marijcke Veltman
Hub Research Co-ordinator / Manager

MHRN Update



Maypole Dancing 1950's at St. Peter's School, Earley

UK-MHRN

Aims:

- To organise and deliver large-scale research projects to inform policy and practice as it develops, and to help services implement change.
- To broaden the scope and capacity of research, including full involvement of service users and carers in commissioning and delivering research.
- To help identify the research needs of mental health (particularly in health and social care), working with frontline staff, service users and carers.
- To develop research capacity through a range of initiatives at a local, regional and national level.

Benefits:

- Provides instant access to a number of clinical and academic centres.
- Brings together research and providers of mental health and social care services.
- Offers a broad scope, covering all mental health disciplines.
- Offers support and guidance on research governance issues, data protection and ethical matters.
- Co-ordinates the management of all subcontracts to individual centres.

Service User and Carer - Update

Parting Thoughts

I have been in post as Service User & Carer Co-ordinator since May 2005. This was a new half-time role (initially for 6 months, then extended to one year) with an ambitious job description. I approached it by giving talks, meeting with as many key people and service user and carer groups as possible in the region, nationally and across Norfolk, Suffolk and Cambridgeshire so that I could listen to issues and concerns, share information, and also publicise the work of the MHRN and East Anglia Hub.

Following publication of the SURGE comprehensive Guidance for Good Practice, and copious reading, it seemed to me that there was also a need for a shorter version for users and carers wanting to know more about getting involved in mental health research, so I produced one for our area, suitable for adaptation by other Hubs.

From an entirely selfish point of view, it has been most unfortunate that there was the hiatus between Sarah Gibson leaving and the new SURGE team getting into post as inevitably, it led to a loss of impetus on important issues e.g. actual involvement by users/carers in adopted projects, which had a knock-on effect on what we were trying to achieve out in the sticks. Fortunately, things are now looking up, but probably too late for me.

So what did I find?

I found little evidence of research activity involving service users and carers as researchers in our region, and most of it was more aligned to Trust R&D activity i.e. service evaluation, audits etc.,

where (in this area) such involvement is now becoming more common practice. It seems to me therefore, that further research capacity building needs to be undertaken between R&D departments, MHRN, universities and other partners to ensure that those service users and carers interested in becoming researchers can get involved as it suits them, and be provided with the relevant information, opportunities, training and support to do so. In other words, Trusts/ R&D departments are best placed to continue leading on locally based research, quality and capacity building activity in their areas, with Hubs adding value by providing a regional/national perspective, opportunities for joint events, networking etc. This may begin to develop a route from small to large-scale research and create a pool of people interested in all types/levels of research involvement.

Service user and carer involvement in research is government and MHRN policy. However, issues of mutual suspicion between some researchers, users and carers and/or indifference to the relevance of collaborative working seem hard to overcome. Until there is a body of evidence to demonstrate that such involvement contributes a valuable perspective and makes for more meaningful research, this is likely to remain the case. Research needs to be commissioned to provide evidence in this area, and move the debate – and research practice - forward.

Finally, it may be better not to have a dedicated 'user/carers' post in the Hubs. That way, their involvement has to become everyone's concern.

Helen Phillips

Consultations

From the Department of Health

Code of Practice for the Mental Capacity Act 2005: A consultation

The Code of Practice provides guidance and information for those working with or caring for those who cannot make decisions for themselves, or who have a limited capacity to do so without assistance. It sets out good practice in caring for those in need and covers an extensive range of different roles, circumstances and decisions that might need to be taken.

The consultation paper invites comments on style and content from all interested parties on the draft Code of Practice. It provides questions on each of the 15 chapters so that responses may be tailored to areas of interest, as well as an overall question that provides for more general comments.

Download document from:

<http://www.dca.gov.uk/consult/codepractise/consultation0506.pdf>

Deadline: 2nd June 2006

Department for Constitutional Affairs
Communications Team
Mental Capacity Implementation Programme
5th Floor
Steel House
11 Tothill Street
London
SW1H 9LH
Tel: 020 7210 0025 / 0037
Fax: 020 7210 0007
Email: makingdecisions@dca.gsi.gov.uk

From the Office of Science and Technology

Science and Innovation Investment Framework 2004-2014 Next Steps

Science and Innovation Investment Framework 2004-2014: Next Steps sets out the Government's thoughts on the long-term challenges facing UK science and innovation, and the next steps to build on the Science and Innovation Investment Framework 2004-2014. The document sets out a range of new proposals designed to create a more effective science and innovation system in the UK, and maximise the impact of public investment in research on the economy. Consultation responses are invited by 16 June 2006 on proposals outlined in Chapter 2, "Maximising the impact of science on innovation" and Chapter 3, "Improving Research Councils' effectiveness".

Download document from:

<http://www.ost.gov.uk/policy/nextsteps.pdf>

Deadline: 16th June 2006

Science Consultation
c/o Fiona Mackay
Office of Science and Technology
Bay 365
1 Victoria Street
London
SW1H 0ET
Email: scienceconsultation@dti.gsi.gov.uk

SURGE - Update

SURGE Contact Details:

SURGE

Sainsbury Centre for Mental Health

1st Floor

134-138 Borough High Street

London SE1 1LB

Tel: 0207 716 6778

Email: Info@surge.scmh.org.uk

East Anglia Hub hosted projects

Acronym	Study Title	Study Status	Chief Investigator(s)	Funder	Regional Investigator(s)	
ADAPT	Adolescent Depression, Antidepressants & Psychotherapy Trial	Closed	Ian Goodyer (Cambridge) & Bill Deakin (Manchester)	The NHS Health Technology Assessment Programme.	Cambridge: Kelvin, Claire Ford	Ian Goodyer, Paul Wilkinson, Raph
BALANCE	An international randomised trial of maintenance treatment for bipolar disorder	Open	John Geddes (Oxford)	The Stanley Medical Research Institute (USA)	Bury St. Edmunds : Cambridge: Ely Great Yarmouth Norwich Peterborough	Albert Michael Fiona Blake, Jonathon Dowson, Neil Hunt, Nigel Hymas, Rajini Ramana Caroline Stephenson Larry Ayuba Chris Michel, Iain Macmillan Margaret Beedie, Jesus Perez
BECCA	Befriending and the Costs of Caring	Closed	Shirley Reynolds (UEA) & Georgina Charlesworth (UCL)	The NHS Health Technology Assessment Programme	Norfolk & Suffolk	Shirley Reynolds, Ian Harvey, Fiona Poland, Miranda Mugford, Lee Shepstone, David Price, Kim Shutt, Sandra Picken, Mariamma Thalanany, Tom Arie, Ionne Hammond, Suan Vaughan, Ian Southam, Sandra Pilkington, Anne Biggar, Rachel Tresize, Mary Moore
Doctor-patient communication	Doctor-patient communication in the treatment of schizophrenia: Is it related to treatment outcome?	Open	Rosemarie McCabe (Queen Mary, London)	The Medical Research Council	Peterborough Jesus Perez	David Dodwell, Jawaid Khan,
Edie 2	Early detection and psychological intervention for individuals at high risk of psychosis	In set-up	Tony Morrison (Manchester)	The Medical Research Council	Cambridge Norwich	Peter Jones David Fowler
GAN	Genetics of Anorexia Nervosa Anorexia Nervosa in Relatives Project	Open	Janet Treasure (Institute of Psychiatry, London)	National Institutes of Health (USA)	Cambridge Davies Norwich	Tony Jaffa, Jane Shapleske, Sarah Lucy Childs
ISREP	Improving Social Recovery in Early Affective and Non-Affective Psychosis: A Randomised Controlled Trial Of Social Recovery Oriented Cognitive Behaviour Therapy	Closed	David Fowler (UEA)	The Medical Research Council	Bury St. Edmunds Alexander Cambridge Carolyn Crane Norwich Peterborough	Albert Michael, Neil Harmer, Maria Peter Jones, Michelle Painter, David Fowler, Joanne Hodgekins Jesus Perez
Learning the lessons	An evaluation of pilot community services for adults with personality disorder	In set-up	Mike Crawford (Imperial College, London)	NHS Service Delivery and Organisation R&D Programme		
NACHBID	Neuroleptics in adults with aggressive challenging behaviour and Intellectual disability	Open	Peter Tyrer (Imperial College, London)	National Coordinating Centre for Health Technology Assessment	Norwich	Neil Carter
National Eden	A national evaluation of early intervention in psychosis services	Open	Max Birchwood & Helen Lester (Birmingham)	The Department of Health	Cambridge Secher, Norwich	Peter Jones, Tim Croudace, Sandi Kim Masson, David Fowler
PsyGRID	E-Science to facilitate clinical trials and longitudinal studies in first episode psychosis	In set-up	Shôn Lewis (Manchester)	The Medical Research Council	Cambridge Croudace, Uschi Werners Norwich Peterborough	Peter Jones, Ed Bullmore, Tim David Fowler, Iain MacMillan Jesus Perez
ROOTS	How do patterns of risk predict the evolving nature of psychopathology in post-pubertal adolescents?	Open	Ian Goodyer (Cambridge)	The Wellcome Trust	Cambridge	Ian Goodyer, Valerie Dunn, Diane Bamber, Rachel Brand, Gillian Barker, Amber Steele, Betty Tzeng, Stefania di Biasi, Margaret Bellamy, Liz Blower, Janet Edwards, Shiona Morrison

Guidance to 'Study Status'

In Set-up: Studies which have been approved/funded but are not yet ready to begin recruiting patients.

Open: Studies which are ready to begin recruiting patients or have begun recruitment.

Closed: Studies which have finished recruitment. Patients may still be in follow-up. The results of the study may or may not have been published.

Trial – Updates

How to run a project on the Network

Application to run a project on the UK MHRN must be made to the Adoptions Committee.

Forthcoming deadlines for applications:

21st April 2006

23rd June 2006

25th August 2006

27th October 2006

Application forms can be downloaded from: www.ukmhrn/info

UK Clinical Research Collaboration - News

HEFCE launches Clinical Senior Lectureship Awards

UKCRC Contact details:

UK Clinical Research Collaboration
20 Park Crescent
London
W1B 1AL

Tel: +44 (0)20 7670 5452

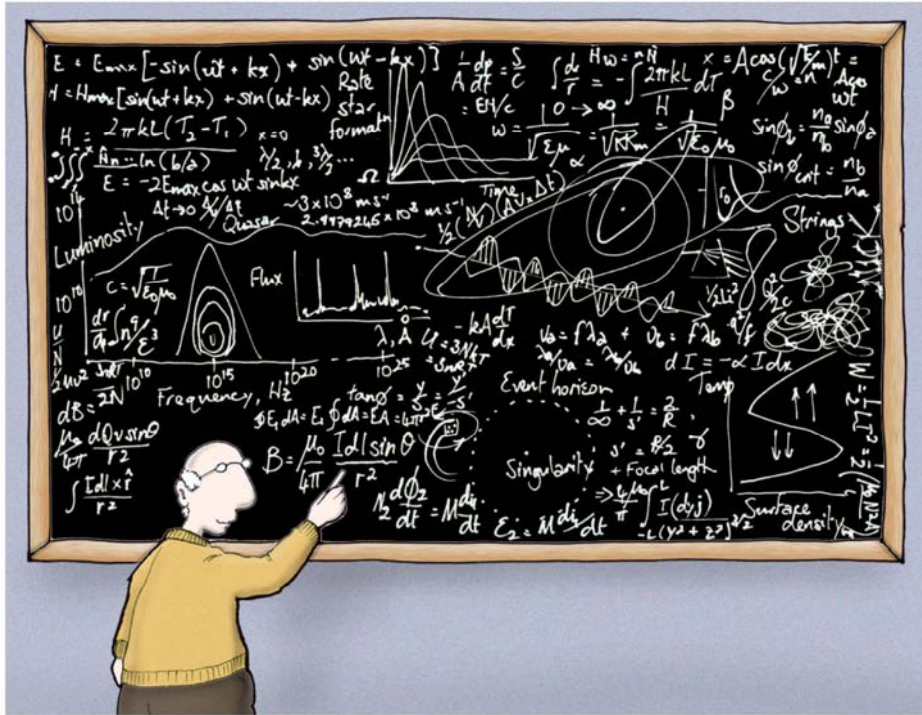
Fax: +44 (0)20 7637 6067

Email: info@ukcrc.org

www.ukcrc.org

In jest

Statistics Made Simple



NIMHE Eastern Consortium for Social Research - Update

NIMHE Eastern Development Centre (Care Services Improvement Partnership - CSIP)

Contact Details:

Sarah Thurlow
 NESCR
 Stapleford House
 103 Stapleford Close
 Essex CM2 0QX

Tel: 01245 546434
 Email: sarah.thurlow@nemhpt.nhs.uk

Contributing to the Hub's Newsletter

If you would like to contribute to the Hub's bi-monthly newsletter please get in contact with Marijcke Veltman (see contact details on back page). Earlier editions of the newsletter can be downloaded from: www.ukmhrn.info/EastAngliaHub

Forthcoming events (cont.)

NIMHE/Rethink UK National Early Intervention Conference:

'Are we here yet?' (Mary Shiers, 1983)

Growing Early Intervention in the UK

Tuesday 3rd October 2006

International Convention Centre, Birmingham

This one day national early intervention conference jointly hosted by NIMHE, Rethink, IEPA and IRIS will focus on UK early intervention service development and offer the opportunity to take stock and reflect on where we have come from, where we are now and where we are going.

You will have the opportunity to learn about UK EI service implementation, new developments in clinical practice, latest research findings and parallel EI service developments internationally. The programme will also offer you the rare opportunity to talk to international EI experts 'unplugged' and find out all you ever wanted to know about EI but never dared to ask!

The day will end with a 'market place' providing the opportunity for UK and international EI services to showcase their services or aspects of clinical practice in a service focussed evening poster session.

Conference organisers: Invited speakers include:

Jo Smith, NIMHE/Rethink	David Shiers, NIMHE/Rethink	Paul French, NIMHE	Eric Davis, NIMHE
Grainne Currie, Rethink	Max Birchwood, IEPA	Shon Lewis, IEPA	Paddy Power, IEPA
Patrick McGorry	Max Birchwood	Paddy Power	Paul French
Tony Morrison	Tor Larsen	Martin Knapp	Helen Lester
	Jo Smith	David Shiers	

Registration Fees:

From £100+VAT (Early bird IEPA member) to £150+VAT (late non IEPA member)

For Registration, IEPA membership details and Accommodation bookings visit:

www.iepa.org.au

Further information:

Happenings Australia Pty Ltd, Suite 4, Level 1, 14 Queens Road, Melbourne, Victoria
3004, Australia Phone: +61 3 9866 6288 Fax: +61 3 9866 6313
E-mail: event@happenings.com.au

Suffolk & Norfolk Primary Care Research Network

'Hitting the Spot: Doing Research That Matters in Suffolk'

Suffolk Health Services Research Conference - The first of its kind in Suffolk

Monday 3rd July 2006, Suffolk College, Ipswich

- To showcase recent and ongoing research involving the health services in Suffolk
- To demonstrate the beneficial impacts of research on patient care
- To galvanise interest in developing research in Suffolk

Offers for presentations, posters and workshops are welcome

Further Information:

Roy Marsh, SuNet Facilitator, School of Medicine Health Policy & Practice, UEA, Norwich, NR4 7TJ.
Phone: 01603 593746 Email: Roy.Marsh@uea.ac.uk

**EAST ANGLIA HUB
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Hub Director & Research Lead Professor Peter Jones
(University of Cambridge)
Hub Deputy Director & Clinical Lead Professor Shirley Reynolds
(University of East Anglia)
Primary Care Lead Professor Amanda Howe
(University of East Anglia)
Social Care Lead Krishna Singh
(Cambridgeshire & Peterborough MHPT)

East Anglia Hub Consortium

- University of Cambridge
- University of East Anglia
- Cambridgeshire & Peterborough Mental Health Partnership NHS Trust
- Norfolk & Waveney Mental Health Partnership NHS Trust
- Suffolk Mental Health Partnership NHS Trust [\[a linked clinical site\]](#)

www.ukmhrn.info/EastAngliaHub

Keeping in touch

Full Name:

Address:

Email:

Telephone:

Fax:

Profession:

Are you a: Service User Carer Clinician Researcher

Preferred way of receiving communications from us: Email Post Telephone

Please indicate your broad areas of interest (tick ✓ as many as apply):

Addiction	<input type="radio"/>	In-patient care	<input type="radio"/>
Adult Mental Health	<input type="radio"/>	Out-patient care	<input type="radio"/>
Assertive Outreach	<input type="radio"/>	Community care	<input type="radio"/>
Child & Adolescent Mental Health	<input type="radio"/>	Social care	<input type="radio"/>
Forensic Mental Health	<input type="radio"/>	Primary care	<input type="radio"/>
Older People Mental Health	<input type="radio"/>	Learning Disabilities	<input type="radio"/>
Dementia	<input type="radio"/>		
Other (please specify)	<input type="radio"/>		

Please provide more specific areas of interest:

Please indicate your preferred level of involvement:

Receiving the newsletter Hub Research Interest Groups Research Participation

Other (please specify):

When completed please send to Marijcke Veltman at the address provided at the top of this page.