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Hub Update

From our Hub Director – Ian Goodyer

I am writing to inform the regional mental health community that I will be leaving my post as Director of the East Anglia Hub of the UK Mental Health Research Network on the 30th September 2005. I have spent 3 years involved in the development of the local hub and it has been a wonderful challenge. The first year involved preparing the bid to be one of the first research hubs in the UK. Together with professors Peter Jones of the University of Cambridge and Shirley Reynolds of the University of East Anglia we submitted our proposals and following a tense interviewing process we were delighted to be notified that we had been successful. The second 12 months involved setting up the research hub team and establishing an infrastructure that would be able to respond to and facilitate the needs of the East Anglian Research Community. We appointed Dr. Marijcke Veltman as Hub Research Co-ordinator who set about promoting our purpose to clinicians in East Anglia. We were much helped by colleagues at the Eastern Region of NIMHE who helped set up our web site and promote the research agenda within the NHS at regional conferences in Essex and Suffolk. As we settled down in our offices at Douglas House, Cambridge, and Hellesdon Hospital, Norwich, we began recruiting Clinical Study Officers whose job it is to work on research projects adopted by the national Network and that are recruiting patients and research participants. We have a strong commitment to social care as well as mental health research and were delighted to be able to appoint a Service User/Carer Co-ordinator to our small but energetic staff as well as appointing a new Social Care Lead in the near future.

important NHS research projects. Currently our team are helping 11 clinical projects (with 1 further study pending) reach their recruitment targets, completing an audit of service user and carer interest and support groups, as well as supplying advice and information about research to a range of mental health professionals in our region. Whilst the majority of projects are within the East Anglia region we are increasingly participating in important clinical trials being run on a nationwide level.

I am delighted with the work and effort of our staff in Cambridge and Norwich as well as our committee members, who give of their professional and personal time to ensure the hub works efficiently and effectively. I am confident that the incoming Director, Professor Peter Jones, will find the Hub very much in working order. Peter will bring a wealth of experience in adult mental health research and clinical practice to the post. He will be ably supported by Professor Shirley Reynolds who remains as Deputy Director. This is an exciting time for clinical research as we all strive to improve the evidence base for patients with mental illness in need of effective treatments and high quality social care. For my part I have had 4 years of intensive senior management responsibilities for Research and Development both in my local Cambridge and Peterborough Mental Health Trust and with the MHRN Hub. It is time to step back from these duties and return more closely to my clinical and research activities in Child and Adolescent Mental Health in Cambridge. I wish the Research Network every success for the future.

Ian Goodyer MA MD FRCPsych FMedSci
 Director, East Anglia Hub, UK Mental Health Research Network 2002-2005.

It has been hard work but a real pleasure to see our regional Hub become increasingly involved in



Ian Goodyer

**East Anglia Hub
 Director**

UK-MHRN

Aims:

- To organise and deliver large-scale research projects to inform policy and practice as it develops, and to help services implement change.
- To broaden the scope and capacity of research, including full involvement of service users and carers in commissioning and delivering research.
- To help identify the research needs of mental health (particularly in health and social care), working with frontline staff, service users and carers.
- To develop research capacity through a range of initiatives at a local, regional and national level.

Benefits:

- Provides instant access to a number of clinical and academic centres.
- Brings together research and providers of mental health and social care services.
- Offers a broad scope, covering all mental health disciplines .
- Offers support and guidance on research governance issues, data protection and ethical matters.
- Co-ordinates the management of all subcontracts to individual centres.

From our Deputy Director – Shirley Reynolds



Shirley Reynolds
East Anglia Hub
Deputy Director

After 3 very successful years Ian Goodyer is resigning as the Director of the East Anglia Hub. What began as an abstract collaboration between Universities and the NHS Mental Health Services in Cambridgeshire and Norfolk has become a reality and a focus for high quality mental health research across East Anglia.

Setting up any organisation is complicated, demanding and distracting. Ian had the knack of keeping centre stage the point of the UK Research Network and our Hub. Our job is to provide the structure and facilities to get mental health research done well and done quickly. The aim of that research is to bring about real improvements in the lives of millions of people here and across the world.

In his own update Ian has summarised the enormous progress that has been made in the first 3 years of the East Anglia Hub. That progress has been built on Ian's leadership and his qualities of energy, humour and commitment.

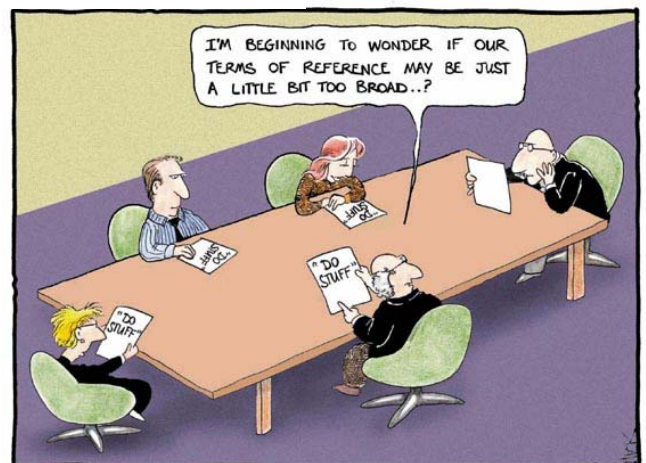
We will all miss Ian enormously and I imagine we may find ourselves calling on his impartial advice from time to time. However, Ian is leaving us in a strong position to grow and develop and fortunately our incoming Director, Peter Jones, is already an integral part of the management team and the transition will be smooth.

As Ian is returning to focus on research and clinical work his contribution to mental health research will therefore not be lost. We will continue to host his project (ADAPT) on the East Anglia Hub and look forward to incorporating many more in the future.

A Thank You to Ian Goodyer from the Hub's Core Team

Thank you, Ian, for having been an inspirational Lead in setting up our Hub. Your energy and unwavering support have been essential in steering the early stages of our Hub's development and helping us set up an important service for the research community aiming to provide the research evidence to improve mental health and social care delivery. As a result of your efforts you leave behind a growing and fully operational team who look forward to taking your work forward under the direction of Professor Peter Jones.

The Core Team



A very early Hub Team meeting...

A Day in the Life of a Clinical Studies Officer – Barbara Lee reports

I have a dream, that one day all the trial recruitment numbers will go up.....

AM. To Bury CMHT with Carolyn Crane, ISREP project on a 'marketing trip'. The team's engaging, dynamic and no-nonsense approach is encouraging; reminds me of my visits to Park House, Huntingdon, where the staff is equally helpful. There is hope.

I am always amazed and grateful when clinicians agree to talk to me (even at times when I sound like a broken record!) despite their busy schedule.

Developing alliances with clinicians in specialist practice are imperative to the success of any clinical studies as they are well-placed to support and inform eligible patients, as well as members of the research team particularly in facilitating research activity in different localities. On the other hand, individuals have very positive feedback on their involvement in clinical studies; not only because it contributes to their professional development, but also more importantly there is the potential to improve services for patients.

PM. Shadowed Margaret Bellamy, ROOTS project on a maternal interview after spending 2 days observing school interviews at Witchford College last week. For a tense moment, thought the mother concerned was about to shut the door on us when Margaret's skills and abiding interest in people (and the project) saved the day. The experience was an eye-opener, and part of what makes the CSO post so interesting.

Phoned Norwich Cancer Research Network to arrange visit to shadow their Clinical Research Practitioners. The meeting last week with Colette Mann, Team Leader of the Cambridge CRN has proved to be informative & thought provoking, have since 'remodelled' some of my working practices.

E-mail fellow CSO, Emma, of my progress (or the lack of it), telling her how my heart sank when I heard the words "we support your study in principle, but...", wishing her the best of luck in all her endeavours.

E-mail Marijcke that life is almost not worth living as numbers refused to go up; she might know a good Chartered Psychologist.

Primary Care—Update

The UEA and the Norfolk Hub of the MHRN were proud to host Dr Helen Lester at the University of East Anglia, Norwich on July 14th for an open seminar titled "Primary care mental health research - sharing the Midlands experience". After an invitation only luncheon for local mental health practitioners and academics, Helen delivered her seminar to a packed house of practitioners, academics and service providers from across the region.

Helen Lester, a Reader in Primary Care Mental Health at The University of Birmingham, is a GP by training and currently holds a National Primary Care Career Scientist post. Her clinical work has always focused on providing care for potentially vulnerable communities, including homeless people and people with serious mental illness. Helen now leads the Mental Health Research Team and is the Principal Investigator on a range of studies, including an

evaluation of the primary care mental health workers and of the development and effectiveness of early intervention teams for young people with a first episode of psychosis. Her main research activities include primary care mental health policy and the links between policy and practice; user involvement in primary care and the role of primary care in supporting young people with serious mental illness. Helen was invited by Professor Amanda Howe to share her research experiences with us and went on to a meeting to discuss how the 'Midlands experience' might benefit the East Anglia Hub and also provide us with some starting points and a frame of reference.

The meeting was jointly hosted by the School of Medicine, Health Policy and Practice at UEA, and the East Anglia Hub of the UK Mental Health Research Network, the occasion acting as a 'mini launch' for the

network, with members of the team on hand to provide information and contact details for the attending audience.

We thank Helen for taking the time to come and talk to us and for this valuable insight into Primary Care Mental Health Research.



Helen Lester
Primary Care Lead
Heart of England Hub

UK Clinical Research Collaboration (UKCRC) and Network (UKCRN)

UKCRN Contact Details

UK Clinical Research Network
Coordinating Centre
Arthington House
Hospital Lane
Leeds LS16 6QB

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Fax: 0113 392 4092
Email: info@ukcrn.org.uk

The UK Clinical Research Network (UKCRN) is one of the key components of the UK Clinical Research Collaboration (UKCRC), a new partnership which was set up with Department of Health funding between the government, the NHS, the voluntary and private sectors and the public to transform the clinical research environment in the UK. It aims to take a strategic oversight of clinical research and identify gaps in capability and opportunities for action, coordinating approaches between funding bodies to develop the profile of clinical research in the UK.

The UK Clinical Research Network (UKCRN) is initially supporting the development of six Topic Specific Research Networks in the fields of cancer, dementias and neurodegenerative disease, diabetes, medicines for children, mental health (the MHRN) and stroke and, over time, will hopefully enable research to be conducted across the full spectrum of disease and clinical need.

www.ukcrc.org

NIMHE Eastern

Progress 2005:

Tuesday 11th October at Rowley Mile Racecourse, Newmarket

A free event

A unique and essential event for all those working in the Eastern England region.

- Celebrate local progress around the region
- Share examples of good practice
- Explore opportunities for development
- Get involved with the work of the Eastern Development Centre
- Meet new people, make new contacts
- **Visit the UK MHRN East Anglia Hub Team's stand**

NIMHE Eastern Progress 2005 Contact details:

Eastern Development Centre
654 The Crescent
Colchester Business Park
Colchester CO4 9YQ

Tel: 01206 287549
Email: progress2005@nimheeastern.org.uk

The programme and booking form can be downloaded from: www.nimheeastern.org.uk/events/progress05/

East Anglia Hub hosted projects

New project

Doctor-patient communication

in the treatment of schizophrenia: Is it related to treatment outcome?

[Study status: In set-up]

This study aims to explore the role of psychiatrist – patient communication in influencing treatment outcomes for people with a diagnosis of schizophrenia. It is difficult for clinicians to engage with people having psychotic experiences. Previous research has shown that psychiatrists tend to avoid talking to patients about the content and meaning of their psychotic experiences, focussing instead on the frequency and severity of psychotic symptoms so that they can adjust medication. This may lead to a mismatch in understanding between the patient and psychiatrist and may influence other things such as engagement with services, satisfaction and even symptoms and relapse.

Based on previous research, the study will investigate how meaning about the origins of illness *and* its treatment is negotiated in consultations between psychiatrists and people with a schizophrenia to identify

- (1) how meaning is constructed in actual treatment encounters, and
- (2) the association between meaning and treatment outcome.

The hypothesis is that the greater the frequency of and effort invested in addressing problems of meaning in a consultation, the more likely the patient is to have a better outcome.

Chief Investigators: Rosemarie McCabe (Queen Mary, London).

Funder: The Medical Research Council.

Guidance to 'Study Status'

In Set-up: Studies which have been approved/funded but are not yet ready to begin recruiting patients.

Open: Studies which are ready to begin recruiting patients or have begun recruitment.

Closed: Studies which have finished recruitment. Patients may still be in follow-up. The results of the study may or may not have been published.

How to run a project on the Network

Application to run a project on the MHRN must be made to the MHRN Adoptions Committee. Forthcoming deadlines for applications:

October 24th 2005 December 29th 2005
February 21st 2006

Application forms can be downloaded from:
www.mhrn.info

Ongoing Projects

[Study Status]

ADAPT

[Closed]

Adolescent Depression, Antidepressants & Psychotherapy Trial

Chief Investigators: Ian Goodyer (Cambridge) & Bill Deakin (Manchester).

Funder: The NHS Health Technology Assessment Programme.

BALANCE

[Open]

An international randomised trial of maintenance treatment for bipolar disorder

Chief UK Investigator: John Geddes (Oxford).

Funder: The Stanley Medical Research Institute (USA).

BECCA

[Closed]

Befriending and the Costs of Caring

Chief Investigator: Shirley Reynolds (UEA).

Funder: The NHS Health Technology Assessment Programme.

GAN (Genetics of Anorexia Nervosa)

[Open]

Anorexia Nervosa in Relatives Project

Chief UK Investigator: Janet Treasure (Institute of Psychiatry, London)

Funder: National Institutes of Health (USA)

ISREP

[Open]

Improving Social Recovery in Early Affective and Non-Affective Psychosis:

A Randomised Controlled Trial Of Social Recovery Oriented Cognitive Behaviour Therapy

Chief Investigator: David Fowler (UEA).

Funder: The Medical Research Council.

Learning the lessons

[In set-up]

An evaluation of pilot community services for adults with personality disorder

Chief UK Investigator: Mike Crawford (Imperial College, London)

Funder: NHS Service Delivery and Organisation R&D Programme

NACHBID

[Open]

Neuroleptics in adults with aggressive challenging behaviour and intellectual disability

Chief Investigator: Peter Tyrer (Imperial College, London)

Funder: National Coordinating Centre for health Technology Assessment

National Eden

[In set-up]

A national evaluation of early intervention in psychosis services

Chief Investigators: Max Birchwood & Helen Lester (Birmingham).

Funder: The Department of Health.

PsyGRID

[In set-up]

E-Science to facilitate clinical trials and longitudinal studies in first episode psychosis

Chief Investigator: Shôn Lewis (Manchester).

Funder: The Medical Research Council.

ROOTS

[Open]

How do patterns of risk predict the evolving nature of psychopathology in post-pubertal adolescents?

Chief Investigator: Ian Goodyer (Cambridge).

Funder: The Wellcome Trust.

BECCA TRIAL—Update

Befriending and the Costs of Caring (BECCA) Project

BECCA is a collaborative study between UCL, UEA, and the voluntary sector. It is a randomised controlled cost effectiveness trial looking at whether befriending by a trained lay worker improves psychological well-being and quality of life for carers of people with dementia (PwD). The project is funded by the NHS R&D Health Technologies Assessment programme with additional ad hoc funding from the Department of Health. Volunteers out of pocket expenses are covered by Norfolk & Suffolk Social Services and the King's Lynn & West Norfolk Branch.

Trial recruitment took place in Norfolk, Suffolk and the London borough of Havering between April 2002 and August 2004. In total, 236 carers were randomised into the study. Carers have been randomly allocated to one of two groups: a) usual care plus access to a befriender or, b) usual care alone. They are interviewed 4 times (baseline, 6 month, 15 month and 24 month follow up) over a 2 year period.

When carers have been randomised to the intervention group, they are initially contacted by a befriender facilitator from their area. Befriender facilitators are employed from the project grant through subcontracts with appropriate local services, namely Age Concern Suffolk, Norfolk and Norwich Voluntary Services and Age Concern Havering. If carers allocated to befriending would like befriender contact then a match is sought with a volunteer befriender. As reported at the June Befriender Consultation meeting, there is currently a 66% carer uptake rate for receiving a befriender with only a 10% post-match drop out per year and a befriender-to-carer ratio of 1:1.5.

The direct and indirect costs in both the intervention and control group are measured and calculated from the perspective of health, social and voluntary services and families involved in dementia care.

The final interviews for all participants are due to be completed by August 2006.

ROOTS TRIAL—Update

ROOTS: Investigating the origins of adolescent psychopathology.

For a number of years adolescent depression has been the main research focus for Professor Ian Goodyer and his team, based at the Developmental Psychiatry Section at the University of Cambridge. ROOTS is an ambitious project, funded by the Wellcome Trust. The study aims to expand and build on previous work in a large cohort of teenagers recruited through Cambridgeshire schools. The project will not restrict itself to the study of depression, but will encompass many aspects of teenage mental health throughout the demanding adolescent period.

“We aim to determine the relative contributions that specific genetic, physiological, psychological and social variables make to the overall risk for psychopathology during adolescence,” explains Prof. Goodyer.

Students are aged 14 at entry into the study and are interviewed, weighed and measured during one school period. At this stage students also complete a short battery of standardized questionnaires covering mood, friendships, behaviour, cognitive style and perceptions of family life. Students are also asked to wear a pedometer for a week and to record their diet and physical activities. All this happens in school, during a single period.

“The cooperation of the schools is central to the success of the project,” explains Valerie Dunn, one of the Project Coordinators, “most are very enthusiastic about the study and staff are extremely supportive.”

Students will also be asked to provide saliva samples from which specific hormones will be measured. As genetics may play an important part in the vulnerability to mental illness, DNA will also be extracted from saliva to enable certain genetic polymorphisms to be examined.

A parent, usually the mother but not exclusively, is also interviewed about parental and family health and the early life experiences of their ROOTS teenager.

A sub-sample of young people will be invited to take part in a more detailed activity and diet study. They will wear tiny state-of-the-art heart and activity monitors for a few days and complete detailed food diaries.

“We know so little about activity levels in teenagers,” says Dr Diane Bamber, Project Coordinator, “monitoring such as this will give us top quality information on how active our teenagers really are and how this fits in with their mental health over the whole adolescent period.”

The team hopes to track the 14 year olds through adolescence, up to age 18 and will keep in touch via the ROOTS website (currently only a holding page but under construction), text messages, cards and phone calls. Many of the questionnaires will be repeated annually with everybody being interviewed in detail at the end, aged 17-18.

“We are really coming at this problem from all angles,” explains Ian Goodyer, “we will have top quality information on the interactions between genetic and environmental factors, life events, thinking styles, hormone levels, nutrition and activity. We don't expect the answer to be a simple one but would hope to be able to explain some of the complex relationships that make adolescence such a troubled time for some of our vulnerable teenagers.”

ROOTS Contact details:

Valerie Dunn, Developmental Psychiatry Section,
Douglas House, 18b Trumpington Road,
Cambridge CB2 2AH

Tel: 01223 746053

Email: vjd20@cam.ac.uk



SURGE—Update

Good Practice Guidance

Following an extensive review of the literature, contributions from SURGE partners and visits to case sites, The SURGE Good Practice Guidance for service user involvement in research projects and programmes within the MHRN has been produced. The aim of this guidance is to assist in the development of user involvement in research and user-controlled research throughout the UK-MHRN.

The Good Practice Guidance has two sections:

(1) Literature Review - Providing much of the evidence for the guidelines

(2) Guidance for Good Practice - Which broadly follows the research cycle from underlying principles through capacity building and undertaking research to dissemination and implementation, with the addition of a section on user-controlled research.

To download this document please visit:
www.mhrn.info/surge.html

or to receive a hard copy contact SURGE.

SURGE Contact details:

Sainsbury Centre for Mental Health
134-138 Borough High Street
London SE1 1LB

Tel: 020 7803 1116

Email: s.gibson@surge.scmh.org.uk

UK-MHRN National Scientific Conference: *The latest and best in UK research*

Manchester Conference Centre — 17th & 18th November 2005

The conference aims to be multidisciplinary bridging basic clinical science through to public mental health. The focus will be to showcase high quality international research; the key to better understanding of causes and treatments of individual disorders in real life settings. The format will be plenary sessions and two strands of parallel sessions.

Call for Posters

Abstracts must be received by 23rd September 2005

For instructions for submission of Abstracts: <https://www.meeting.co.uk/confercare/ukmhrn2005/>

The opening address will be given by:

Professor Louis Appleby

National Director for Mental Health

Sessions to be covered over the 2 days:

Dementia: Bench to bedside

Organisers: Professors Alistair Burns (University of Manchester) & Gordon Wilcock (University of Bristol)

Alcohol and Cannabis

Organiser: Dr Anne Lingford-Hughes (University of Bristol)

Early Intervention for Psychosis

Organiser: Professor Max Birchwood (University of Birmingham)

Developmental Roots of Antisocial Personality

Organiser: Professor Ian Goodyer (University of Cambridge)

Eating Disorders

Organiser: Professor Janet Treasure (Institute of Psychiatry, London)

The relevance of Neuro-imaging in Clinical Outcomes

Organiser: Professor Eileen Joyce (University College London)

Conference Office Contact details:

ConferCare

The University of Manchester

Barnes Wallis Building

Sackville Street

Manchester M60 1QD

Tel: 0161 306 4068

Fax: 0161 306 4070

Email: mcc.reg@manchester.ac.uk

On-line Registration — <https://www.meeting.co.uk/confercare/ukmhrn2005/>

In jest

Research Dissemination: How to write (or read) a paper

USEFUL RESEARCH PHRASES (True Meanings)

"It has long been known" . . .

[I didn't look up the original reference.]

"A definite trend is evident" . . .

[These data are practically meaningless.]

"Of great theoretical and practical importance" . . .

[Interesting to me.]

"While it has not been possible to provide definite answers to these questions" . . .

[An unsuccessful experiment but I still have to get it published.]

"Three of the samples were chosen for detailed study" . . .

[The results of the others didn't make any sense.]

"Typical results are shown" . . .

[The best results are shown.]

"These results will be shown in a subsequent report" . . .

[I might get around to this sometime if I'm pushed.]

"The most reliable results are those obtained by Jones" . . .

[He was my graduate assistant.]

"It is believed that" . . .

[I think]

"It is generally believed that" . . .

[A couple of other guys think so, too.]

"It is clear that much additional work will be required before a complete understanding occurs" . . .

[I don't understand it.]

"Correct within an order of magnitude" . . .

[Wrong]

"It is hoped that this study will stimulate further investigations in this field" . . .

[This is an awful paper, but so are all the others on this miserable topic.]

"Thanks are due to Joe Blotz for assistance with the experiment and to George Frink for valuable assistance" . . .

[Blotz did the work and Frink explained to me what it meant.]

"A careful analysis of obtainable data" . . .

[Three pages of notes were obliterated when I knocked over my coffee.]

Hub Research Interest Groups: The regional creative drive

Join our regional email-discussion groups (hosted by YAHOO) in:

- o Early intervention in Psychosis
- o Self-Help
- o Anti-depressants
- o Mental Health in the Elderly
- o Mental Health in Children
- o Social Care
- o Carers

To Join get in touch with Marijcke: mwmv2@cam.ac.uk

Contributing to the Hub's Newsletter

If you would like to contribute to the Hub's bi-monthly newsletter please get in contact with Marijcke Veltman (see contact details on p.9)

NIMHE Eastern Consortium for Social Research (NECSR)

Contact Details:

Sarah Thurlow
NECSR, NEMHPT
Homelands Retail Park
Cuton Hall Lane
Springfield
Chelmsford CM2 5PX

Tel: 01245 318434
Fax: 01245 318401
Email: sarah.thurlow@nemhpt.nhs.uk

Following on from the consultation exercise undertaken and reported on in the March 2005 newsletter, further work is now in hand to carry out a mapping exercise to establish what social research work is being undertaken in the region and what work has recently completed. We are also seeking ideas and proposals for future work.

A wide priority setting exercise will also be undertaken in the next couple of months and we will be consulting with as many organisations as possible in order to plan the strategy for taking NECSR forward. Plans are in hand to have two priority set-

ting exercises. The first, a service user/carer priority exercise and the second amongst professional groups.

NECSR representatives will be present at the NIMHE EASTERN PROGRESS 2005 event on the 11th October in order to answer any questions that you have in relation to NECSR and its plans.

If you would like any further information on either the priority exercises or mapping exercises, please contact Sarah Thurlow (see contact details left).

Eastern Region Learning Disabilities Research Network (ERLDRN)

The Department of Health has provided financial support for one year in the first instance to fund a part-time co-coordinators post to establish the above research network across the six counties that make up the old Eastern Region. Helen Keeley (hk302@medschl.cam.ac.uk) has been appointed to this post and will be starting on 1st September, 2005. She will eventually be based in the research office at Douglas House, 18b Trumpington Road, Cambridge, with Marijcke Veltman and colleagues. A management group has been established with a representative from each of the six counties and the terms of reference and aims of the network are established. The county representatives are Frank Besag (Bedfordshire), Tony Holland (Cambridgeshire), Jackie Ord (Essex), Mary McHatton (Herts), Peter

Langdon (Norfolk), and Paul Mackintosh (Suffolk). The main focus for the network will be to initiate and facilitate research in learning disabilities to inform intervention and policy and practice. The establishment of the research network will enable comparative studies across different models of services or modes of intervention as well as making possible the recruitment of participants who may have an unusual problem or rare genetic syndrome. We wish to learn from the experiences of other networks and would welcome links with those undertaking research in related areas, such as mental health.

Tony Holland
Chair, Eastern Region LD Research Network

Contact Details:

Professor Tony Holland
Learning Disabilities
Developmental Psychiatry
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Health Enterprise East (HEE)

Peter Blenkinsop reports:

Health Enterprise East is based at Papworth Hospital. We are a not for profit Innovation Hub launched with government funding in November 2004 to provide professional support to the 67 NHS Hospital Trusts within the East of England. Our Team of business and scientific specialists currently support the Trusts in identifying, evaluating then developing medical device/software type innovations, developed by their people at all levels, which can benefit patients. Where appropriate we will provide support to the trusts through: using our Proof of Concept Fund to develop ideas into robust prototypes; undertaking patent searches and filing; negotiating licensing deals with the commercial Medical Devices Sectors.

With the closing down of the Modernisation Agency in July we have been asked by a number of our Member Trusts to support them in the progressing Innovations which relate to **Service Delivery**. We are therefore currently recruiting an Innovation Manager for Service Delivery via a 12 month secondment from one of our Member Trusts. This person will be experienced in managing Service Delivery within the NHS and will be seeking to identify how much innovation exists within the Region. They will then determine which of these innovations the HEE Hub should be involved in supporting and what the nature of this support should be. As we develop this role we want to work with the Mental Health Trusts/Partnerships in our Region to identify how we can support them in prosecuting innovations they have developed that will benefit their patients.

Contact Details:

Dr Peter Blenkinsop, Health Enterprise East, R&D Department, Papworth Hospital NHS Foundation Trust, Papworth Everard, Cambridge CB3 8RE

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Fax: 01480 83145

Email: peter.blenkinsop@papworth.nhs.uk

www.hee.org.uk

CN-HUB
CONTACT DETAILS

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Research Co-ordinator
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18b Trumpington Road
Cambridge CB2 2AH

Phone: 01223 746131
Fax: 01223 746002
Email: mwmv2@cam.ac.uk

Hub Director & Research Lead Professor Ian Goodyer
(University of Cambridge)
Hub Deputy Director & Clinical Lead Professor Shirley Reynolds
(University of East Anglia)
Primary Care Lead Professor Amanda Howe
(University of East Anglia)
Social Care Lead To be appointed

CN-Hub Consortium

- University of Cambridge
- University of East Anglia
- Cambridgeshire & Peterborough Mental Health Partnership NHS Trust
- Norfolk & Waveney Mental Health Partnership NHS Trust
- Suffolk Mental Health Partnership NHS Trust [\[a linked clinical site\]](#)

www.mhrn-cnhub.org.uk

Keeping in touch

Full Name:

Address:

Email:

Telephone:

Fax:

Profession:

Are you a:

Service User

Carer

Clinician

Researcher

Preferred way of receiving communications from us: Email

Post

Telephone

Please indicate your broad areas of interest (tick ✓ as many as apply):

Addiction	<input type="radio"/>	In-patient care	<input type="radio"/>
Adult Mental Health	<input type="radio"/>	Out-patient care	<input type="radio"/>
Assertive Outreach	<input type="radio"/>	Community care	<input type="radio"/>
Child & Adolescent Mental Health	<input type="radio"/>	Social care	<input type="radio"/>
Forensic Mental Health	<input type="radio"/>	Primary care	<input type="radio"/>
Older People Mental Health	<input type="radio"/>	Learning Disabilities	<input type="radio"/>
Dementia	<input type="radio"/>		
Other (please specify)	<input type="radio"/>		

Please provide more specific areas of interest:

Please indicate your preferred level of involvement:

Receiving the newsletter

Hub Research Interest Groups

Research Participation

Other (please specify):

When completed please send to Marijcke Veltman at the address provided at the top of this page.